

# Topical Survey

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Conducted by Survation on behalf of  
FASTN and Mental Health Foundation

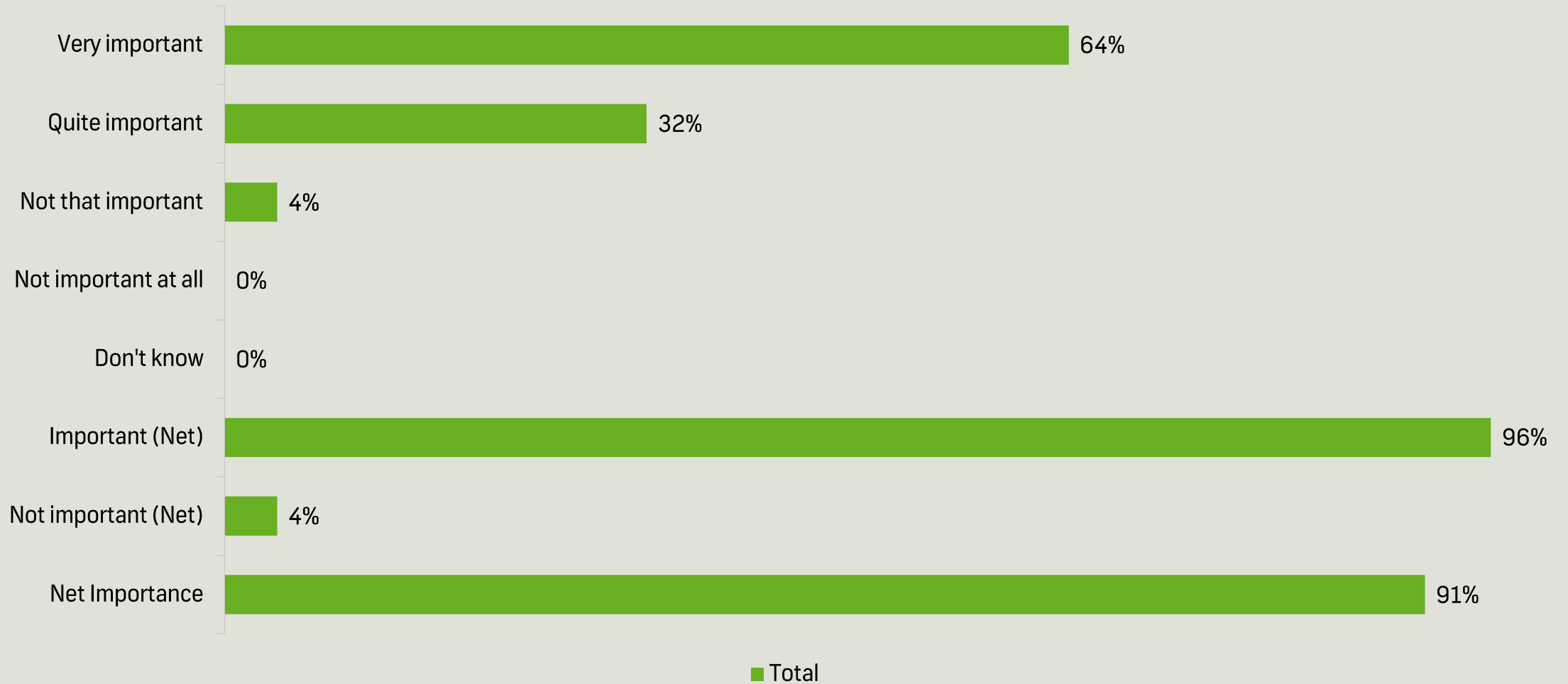
Fieldwork conducted: 9<sup>th</sup> June – 14<sup>th</sup> June 2021  
Population sampled: Parents of children currently  
in a primary or secondary school in England  
Sample size: 1,011 respondents

fastn  
thriving families for all



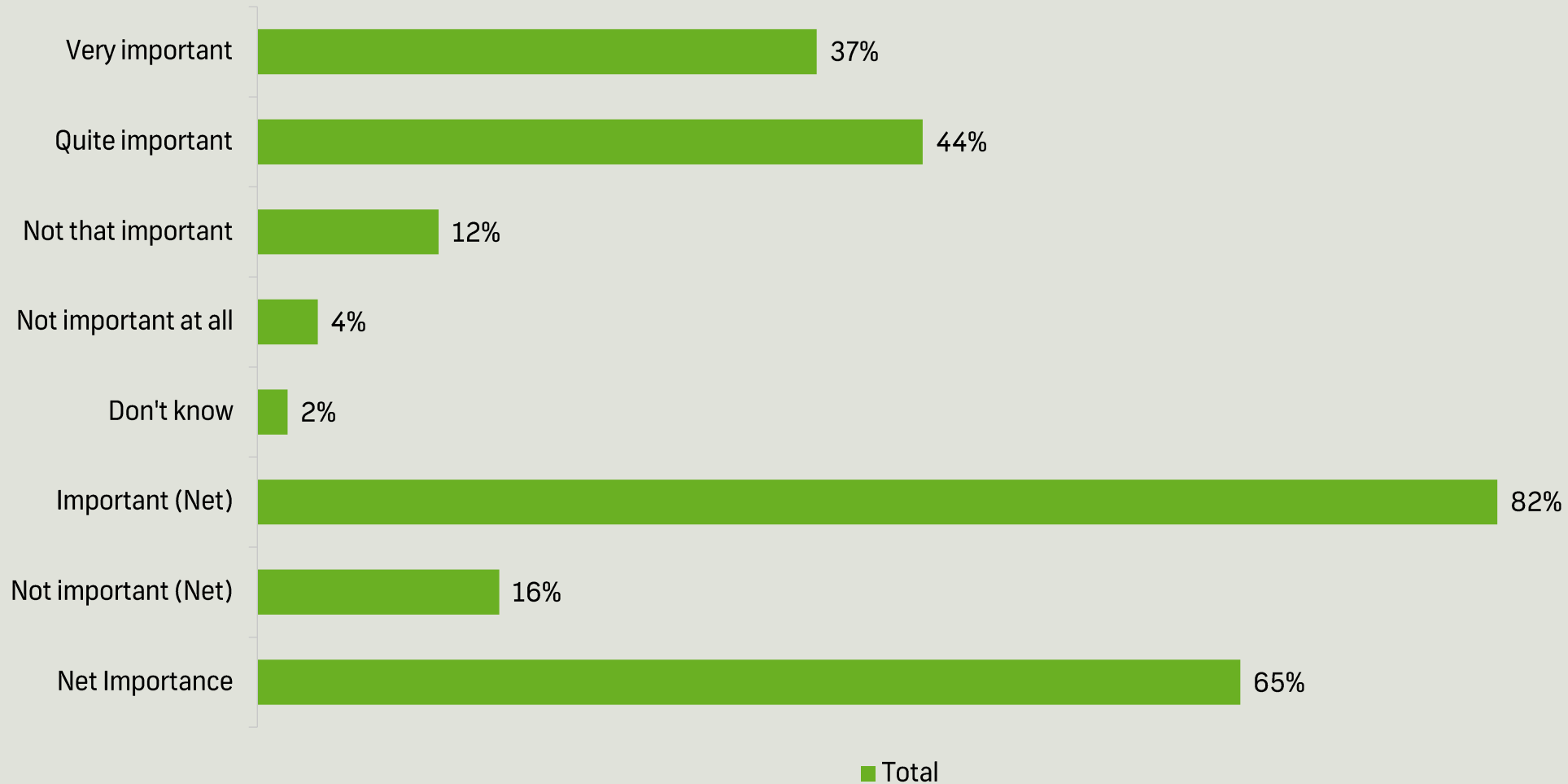
# Q1. How important do you think it is that schools overall help children to understand and be prepared for the following types of relationship?

## Friendships



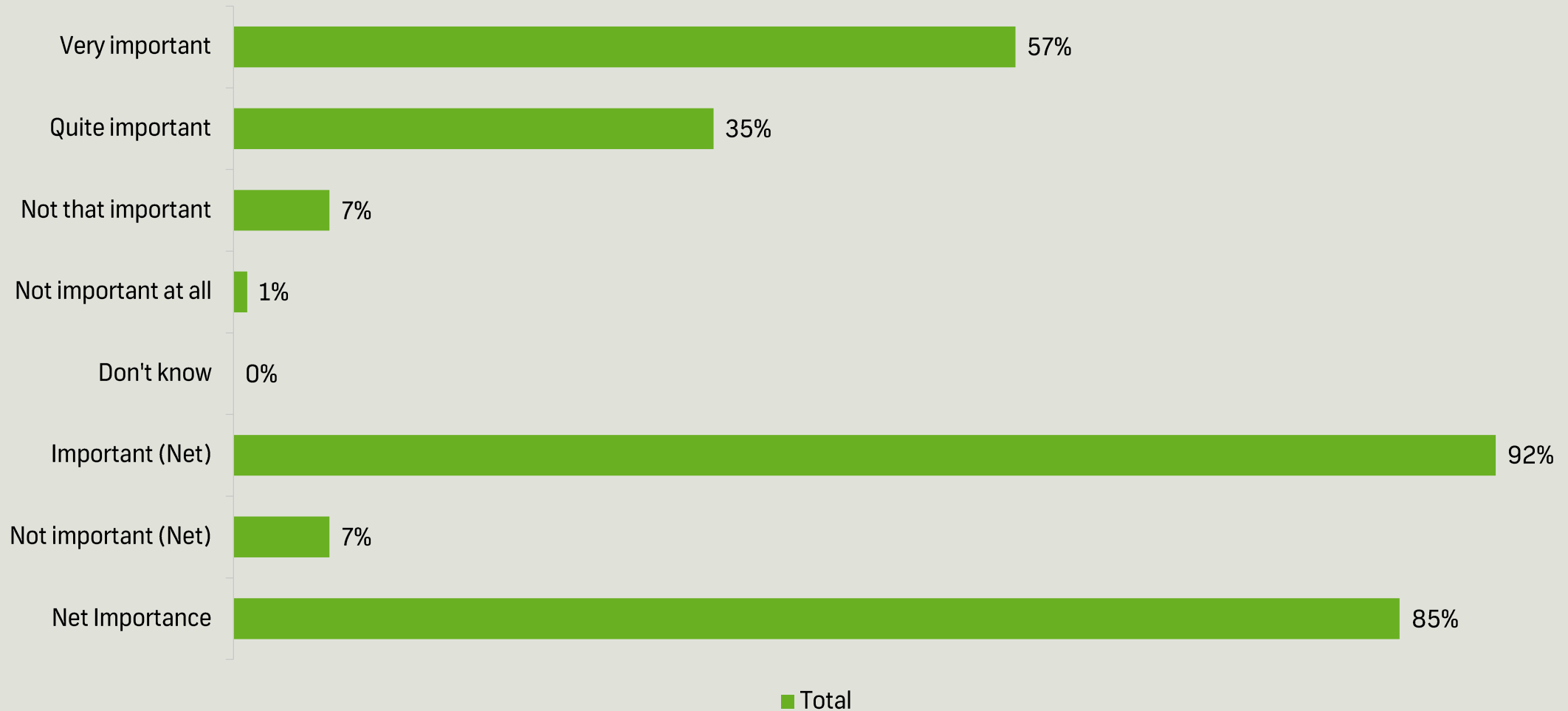
## Q2. How important do you think it is that schools overall help children to understand and be prepared for the following types of relationship?

### Sexual relationships



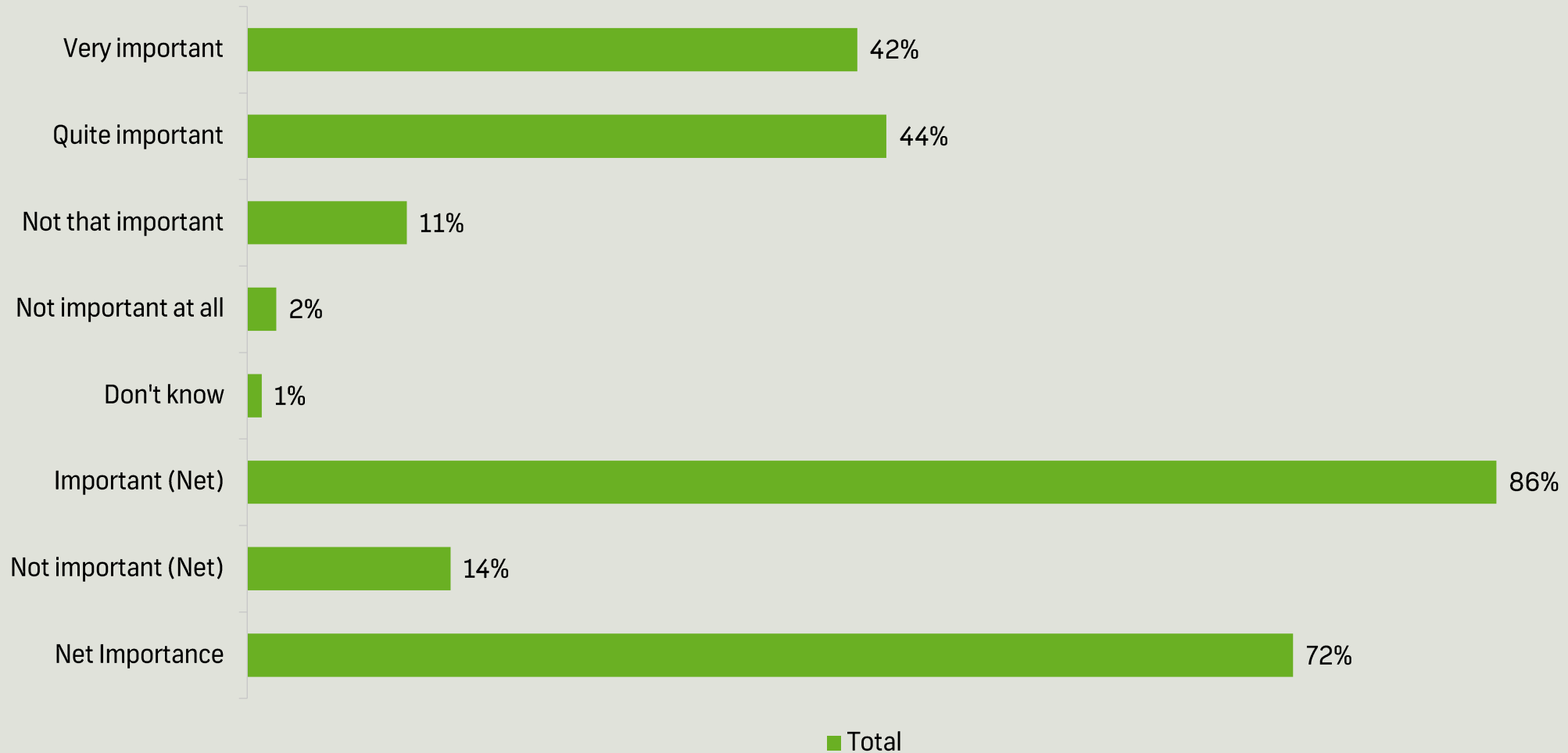
### Q3. How important do you think it is that schools overall help children to understand and be prepared for the following types of relationship?

#### Family relationships



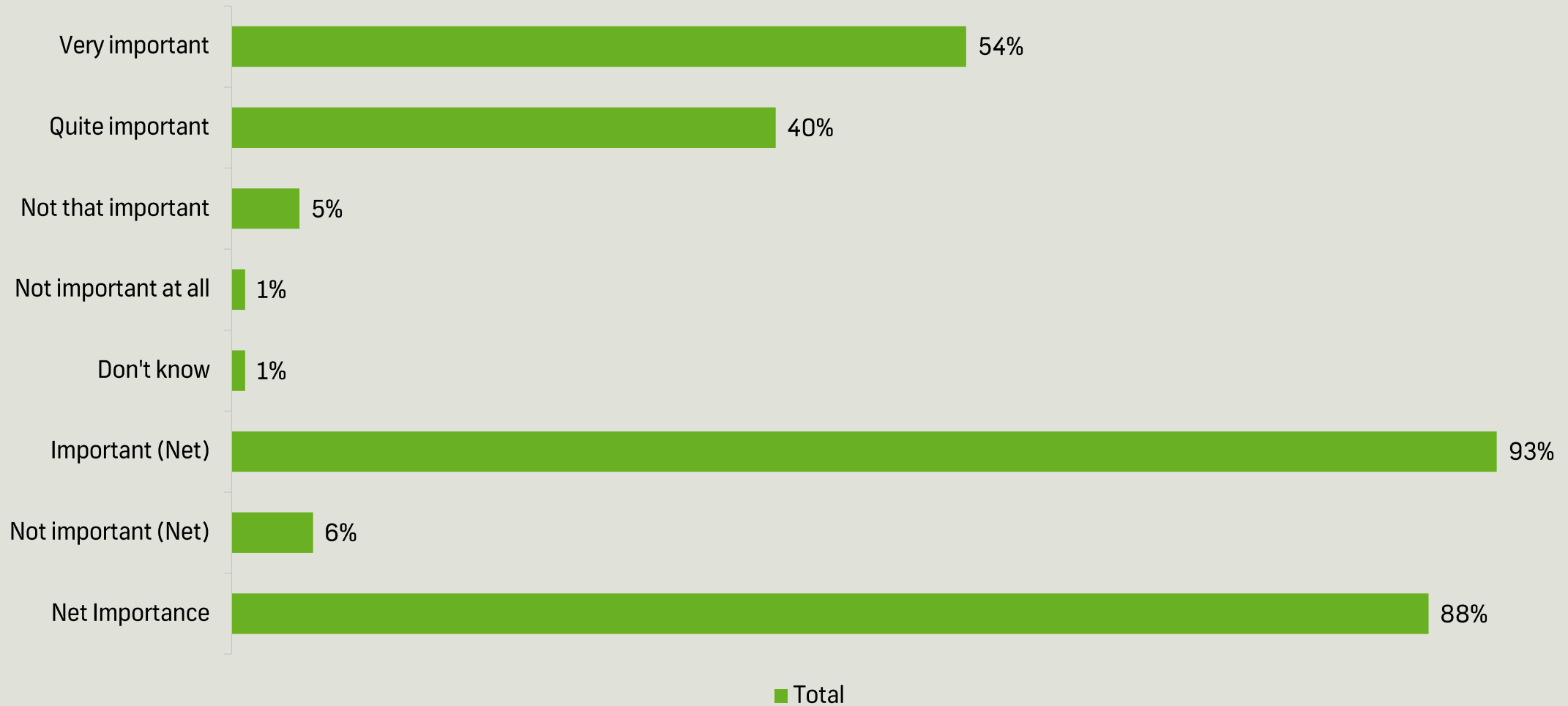
# Q4. How important do you think it is that schools overall help children to understand and be prepared for the following types of relationship?

## Workplace relationships



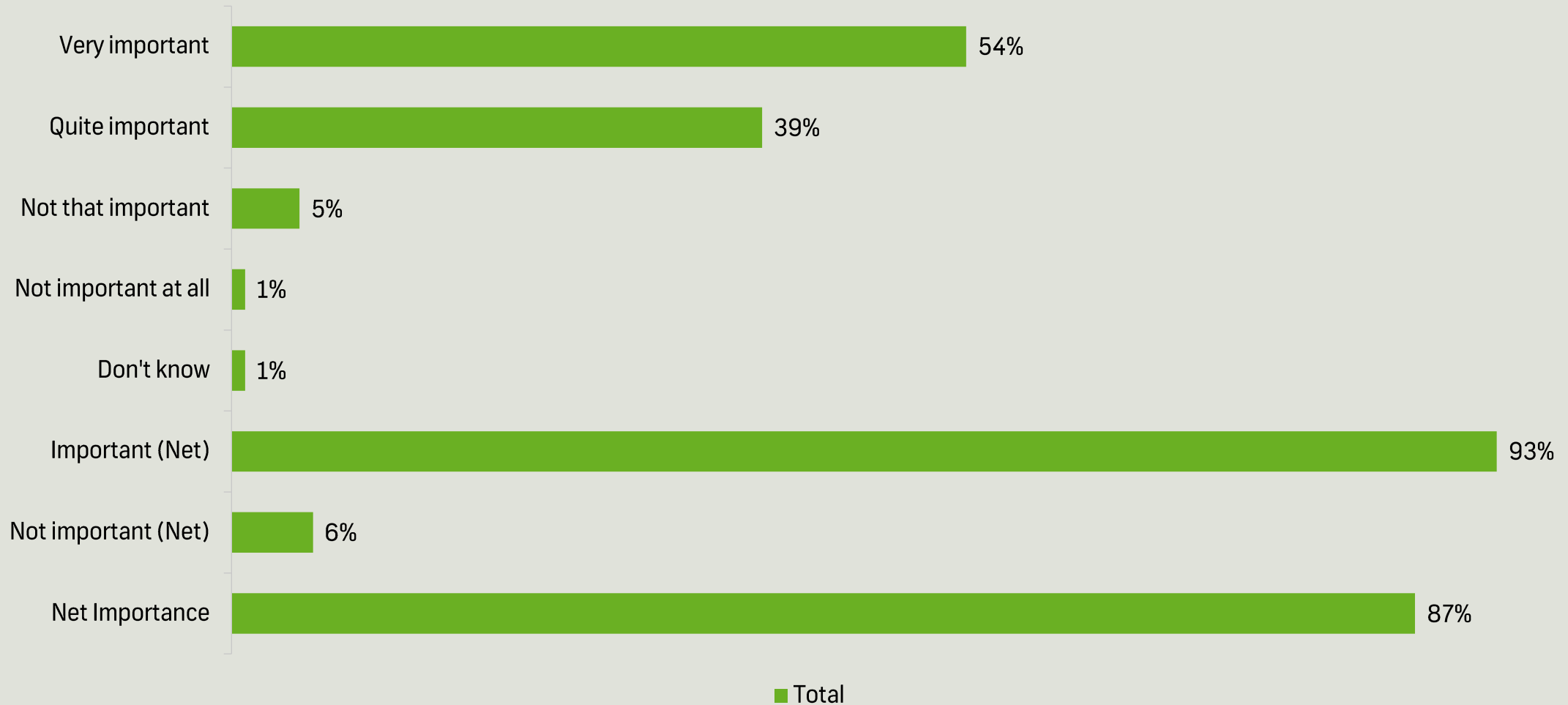
# Q5. Thinking about the Relationships education that your child will receive at school, how important are the following aspects?

## Relationships Education should improve relationships and acceptance of others in society



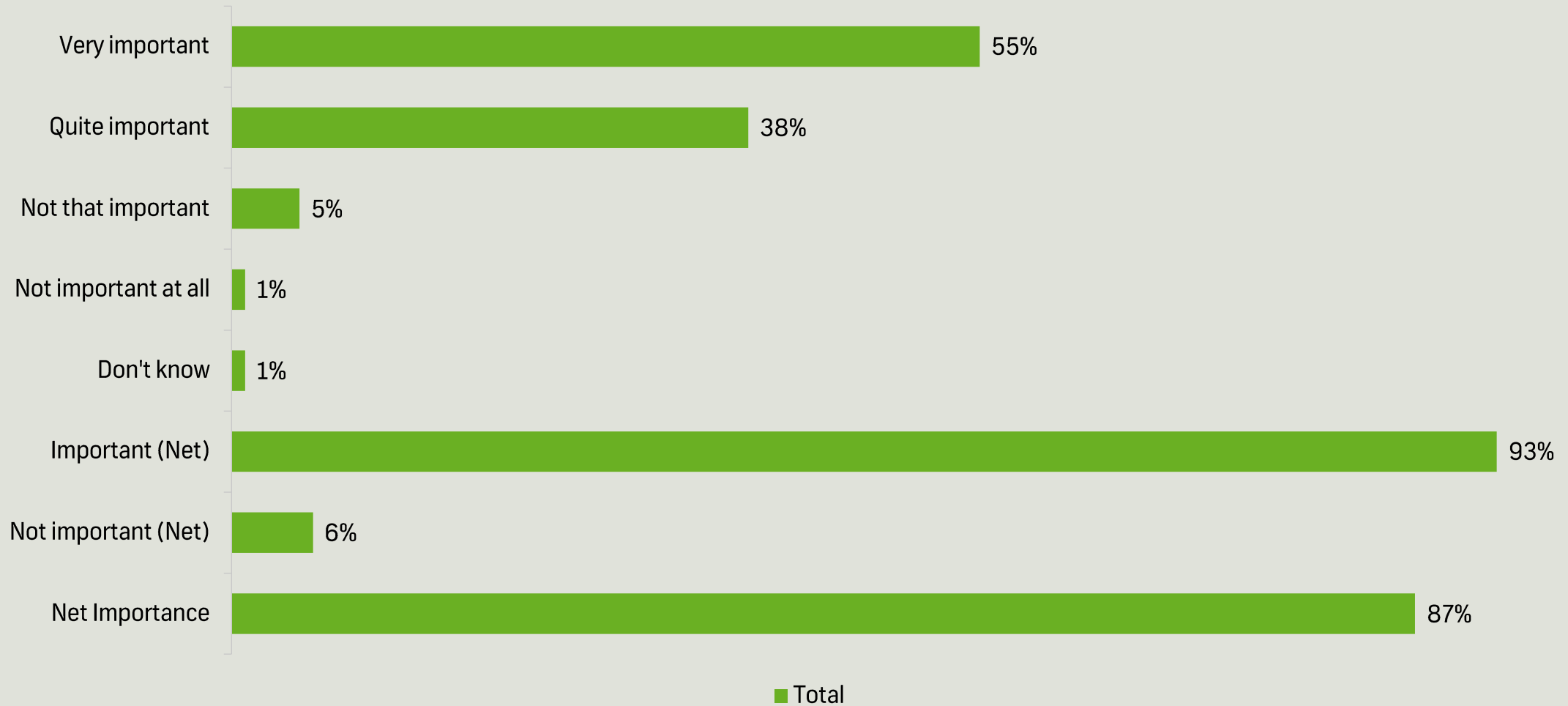
# Q6. Thinking about the Relationships education that your child will receive at school, how important are the following aspects?

## Positive relationships should be role modelled by staff



# Q7. Thinking about the Relationships education that your child will receive at school, how important are the following aspects?

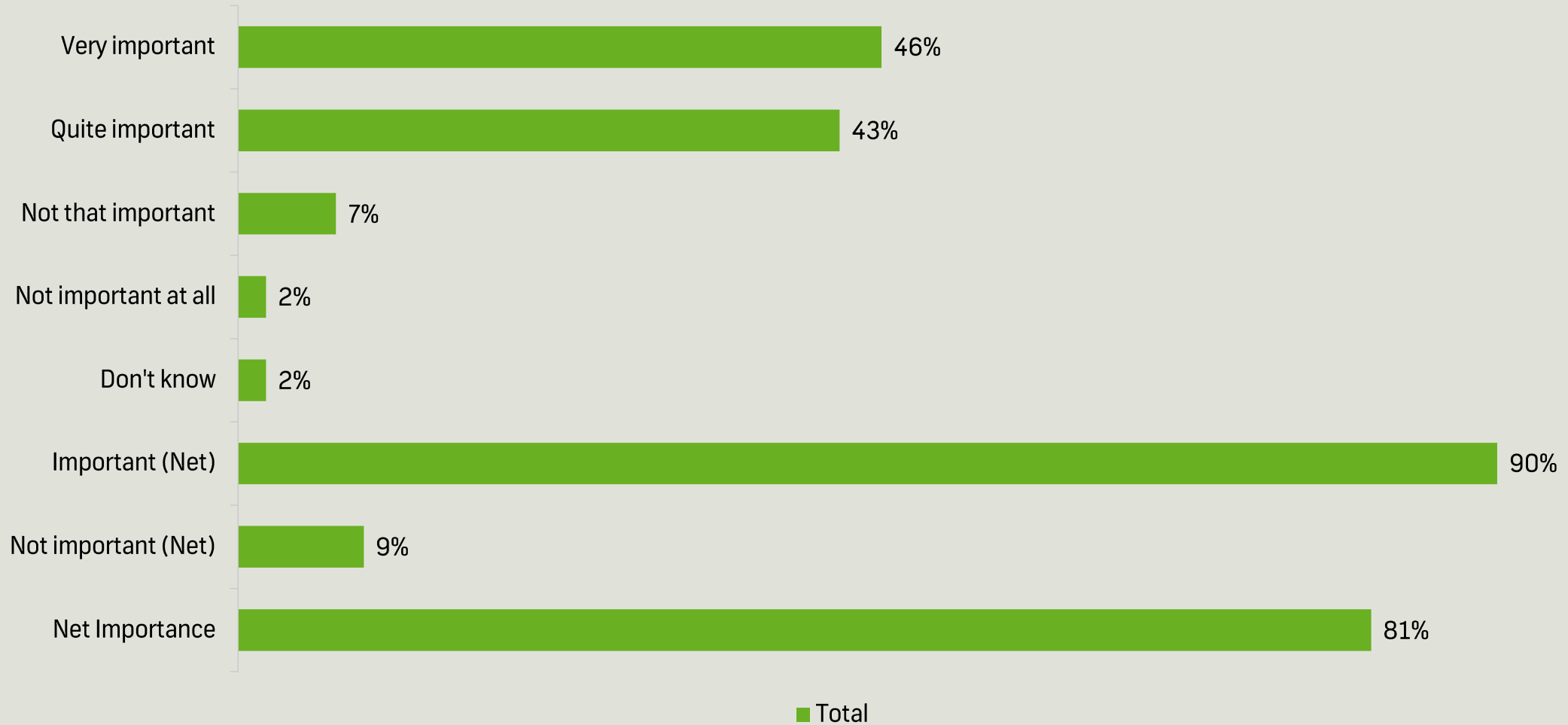
Positive relationships should be demonstrated in every aspect of school life that pupils experience





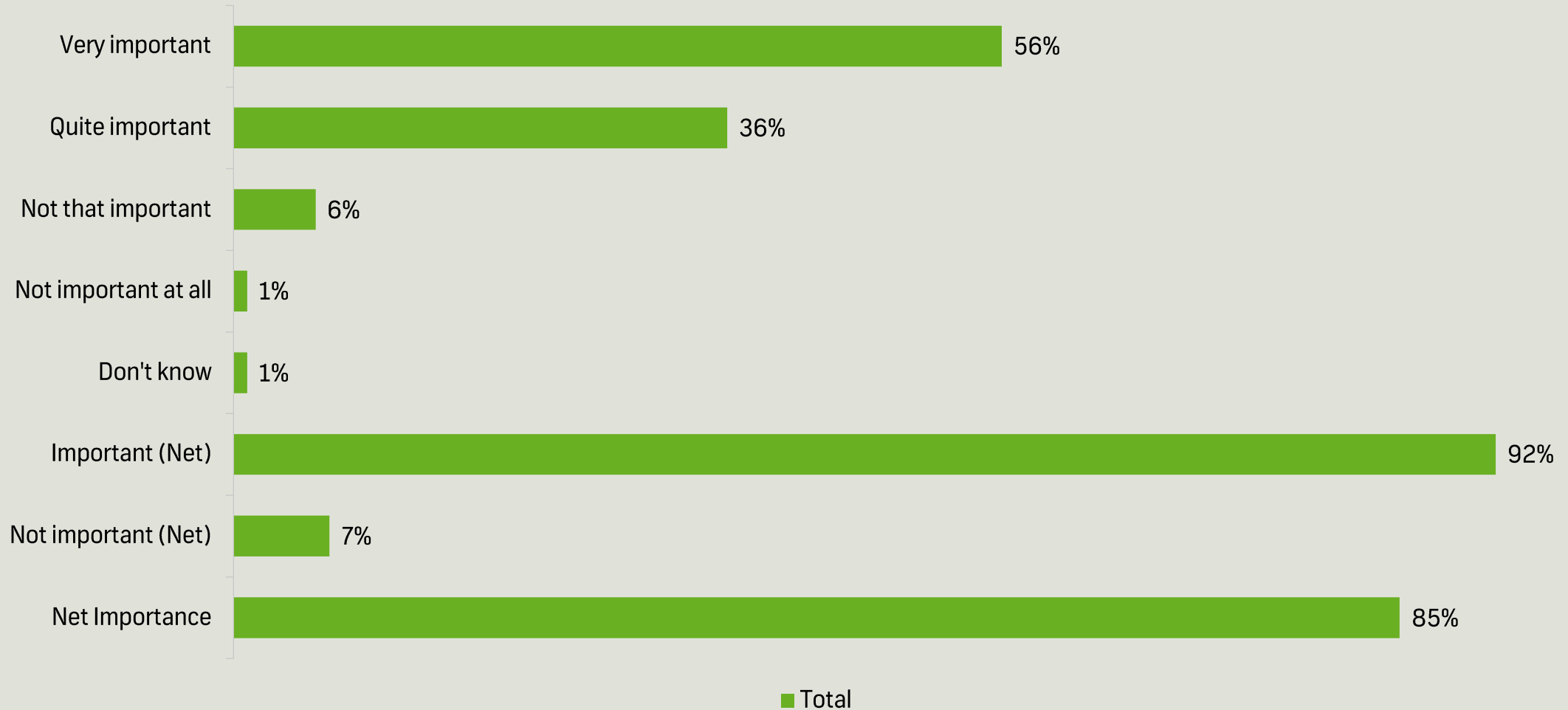
## Q8. Thinking about the Relationships education that your child will receive at school, how important are the following aspects?

Relationships Education should help children develop their ambitions for relationships throughout life



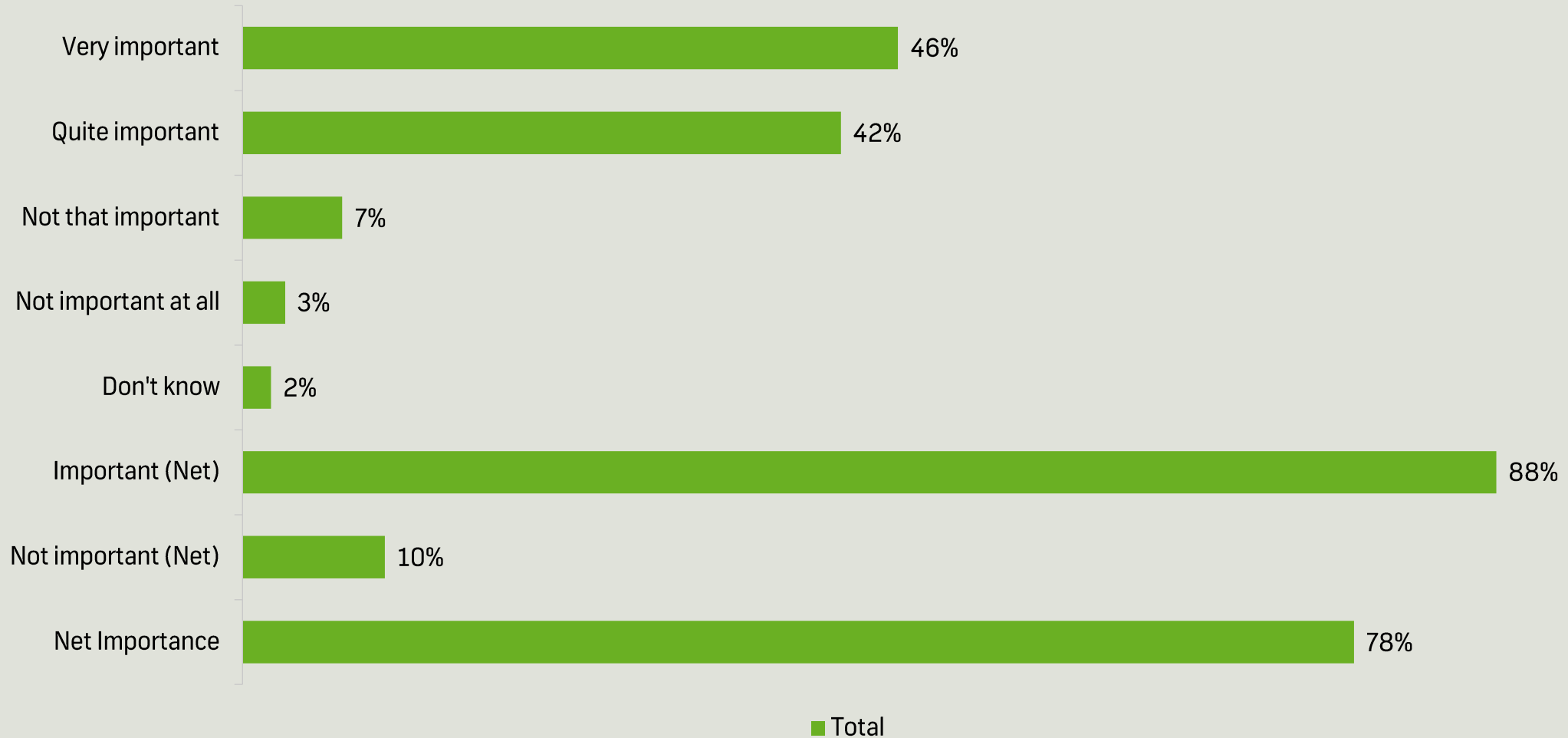
# Q9. Thinking about the Relationships education that your child will receive at school, how important are the following aspects?

## Relationships Education should enable pupils to understand and recognise the connection between relationships and mental health



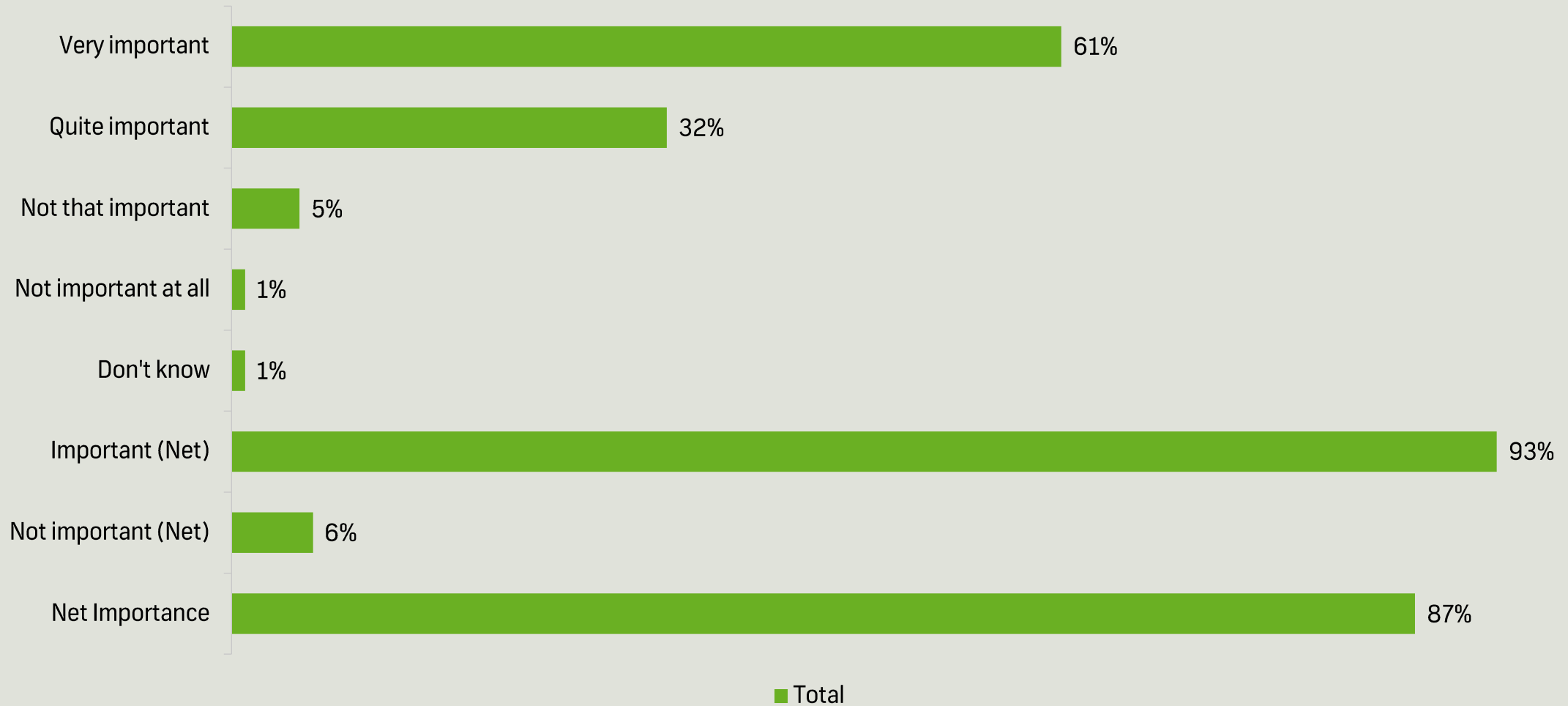
# Q10. Thinking about the Relationships education that your child will receive at school, how important are the following aspects?

Relationships Education should represent and reflect the personal experiences of your child (sexual orientation, gender identity, faith, ability, ethnic background)



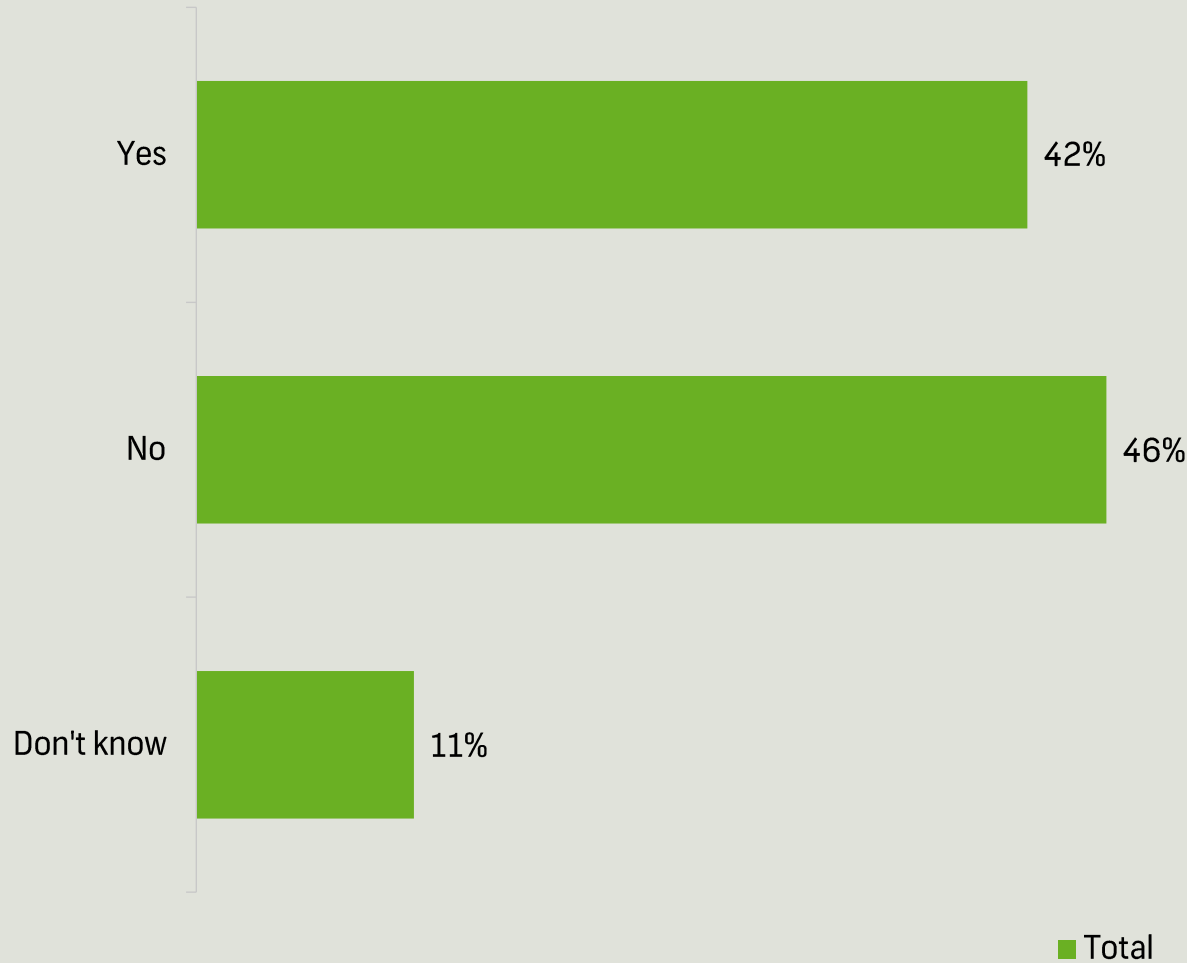
# Q11. Thinking about the Relationships education that your child will receive at school, how important are the following aspects?

## Relationships Education should help educate pupils about what constitutes sexual harassment and sexual violence and why these are always unacceptable



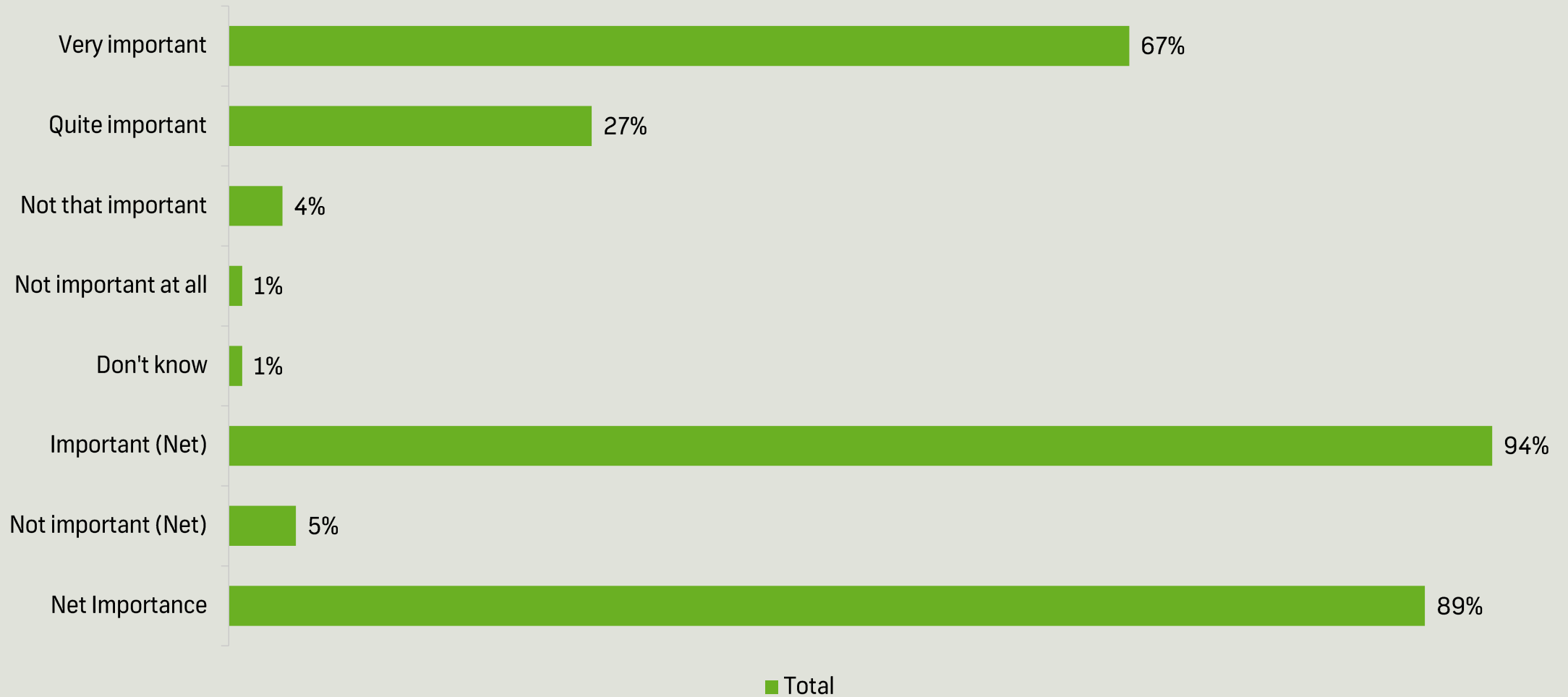
**Q12. According to official guidance from The Department for Education, schools are required to communicate with parents about Relationships and Sex Education in the school.**

**Has your child's school communicated with you about statutory Relationships Education?**



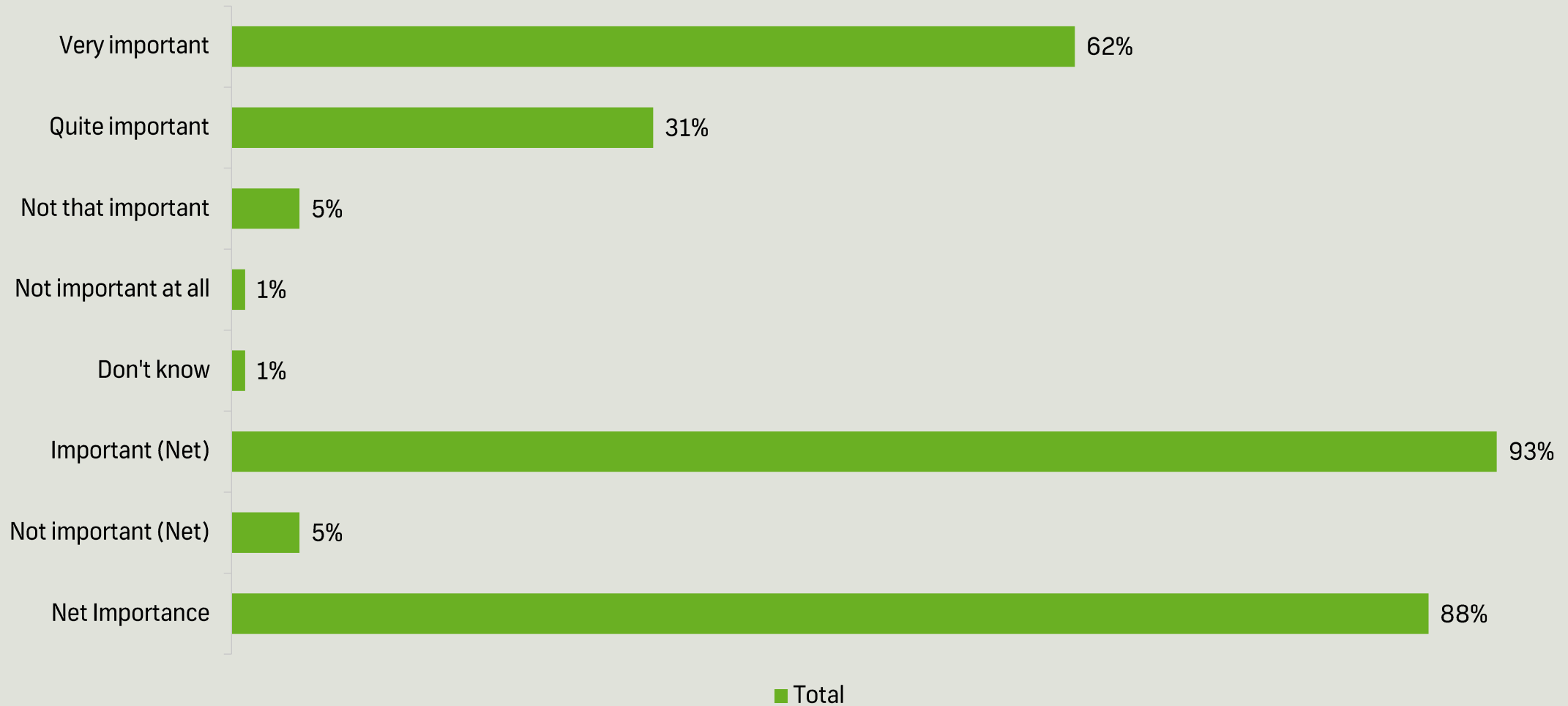
# Q13. How important do you think it is that schools overall help children to understand the following?

## What mental health is



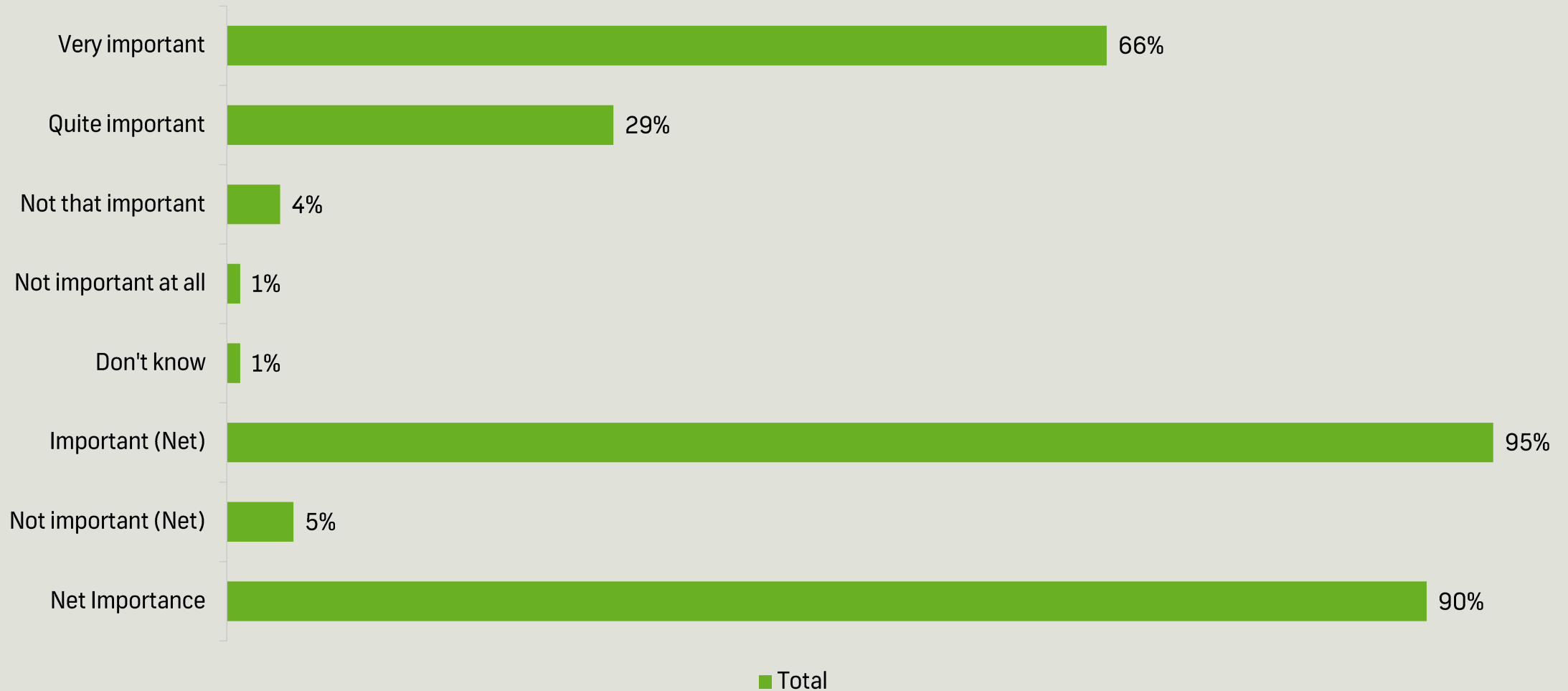
# Q14. How important do you think it is that schools overall help children to understand the following?

## What contributes to poor or good mental health



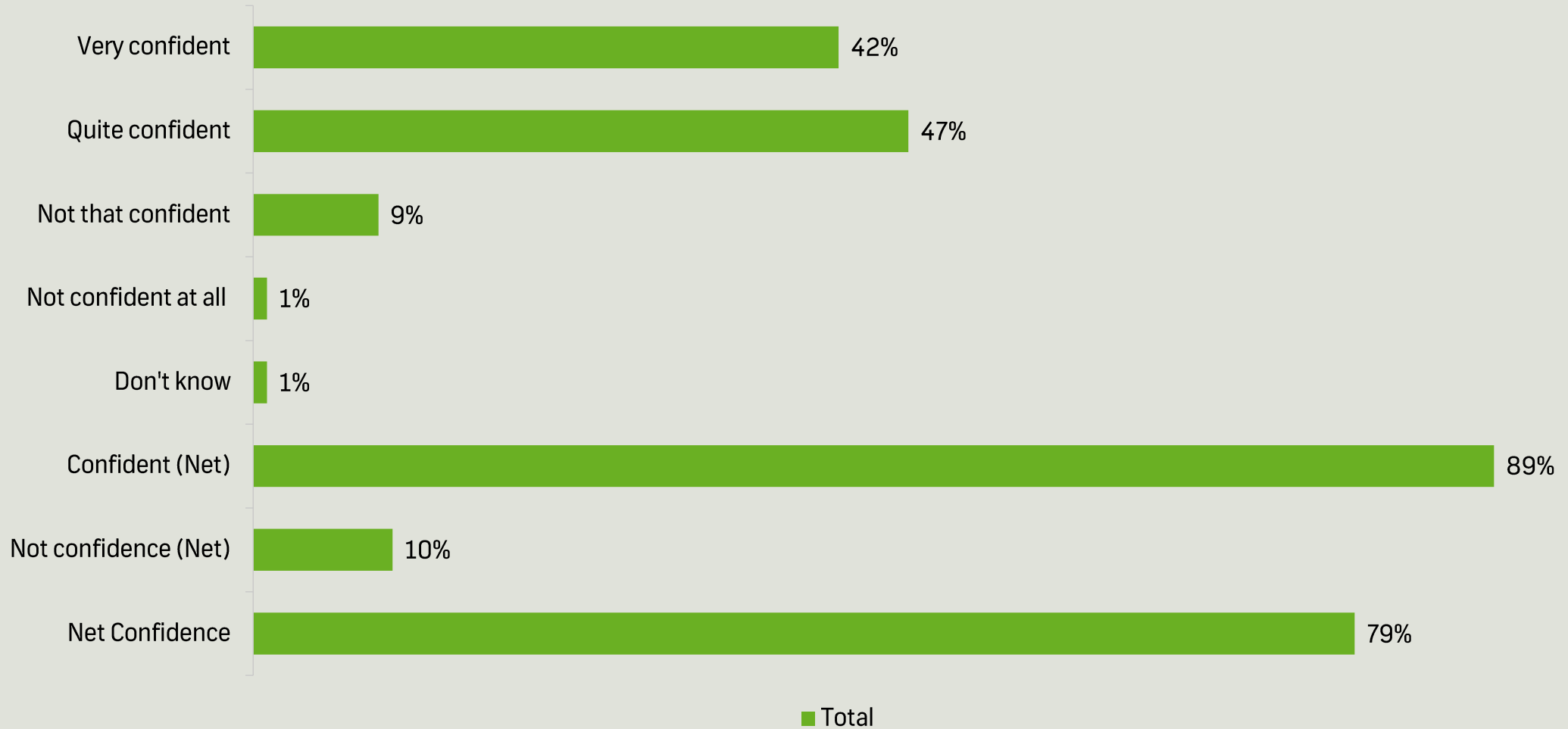
# Q15. How important do you think it is that schools overall help children to understand the following?

## Ways to look after their mental health and wellbeing

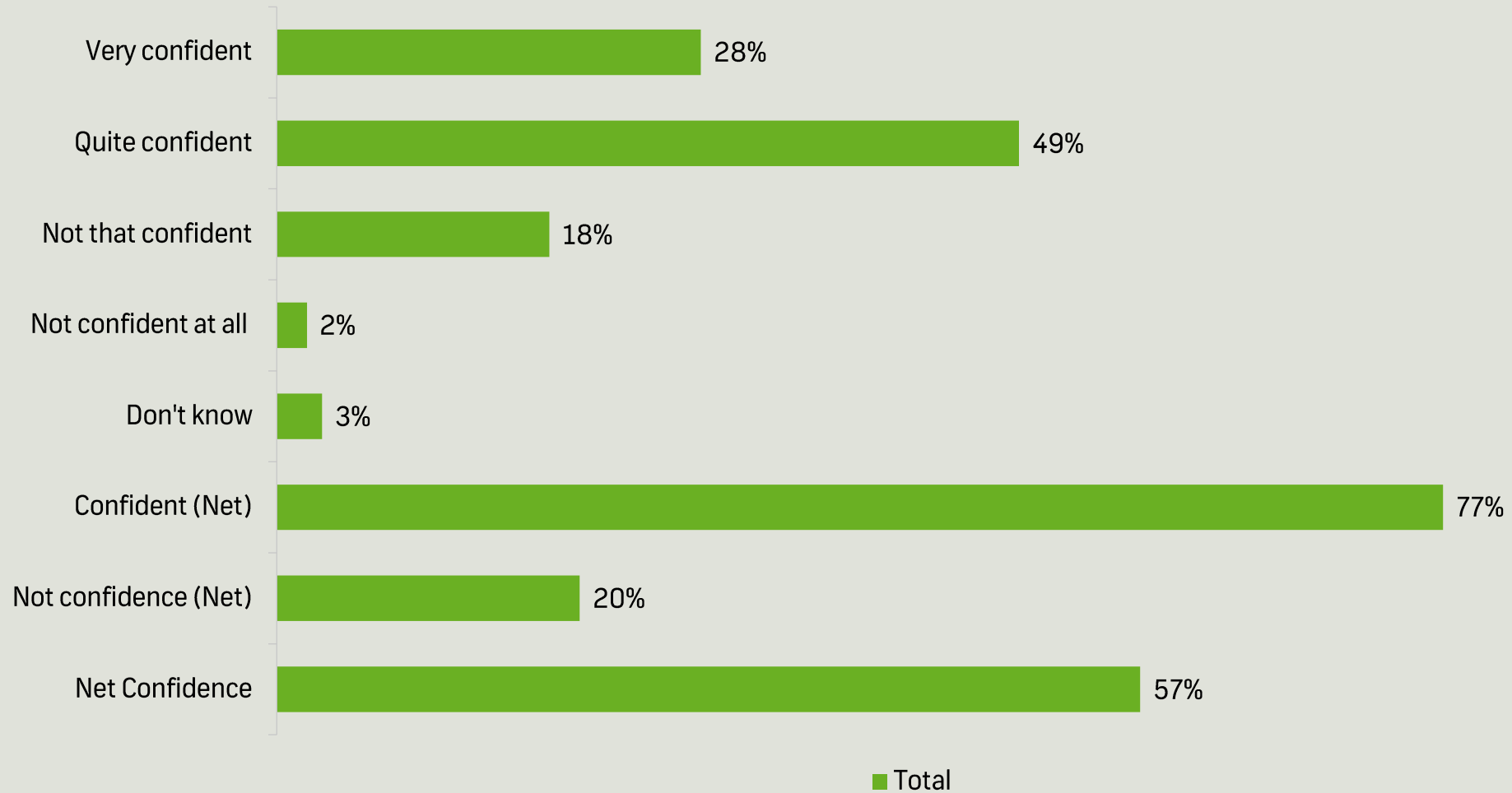




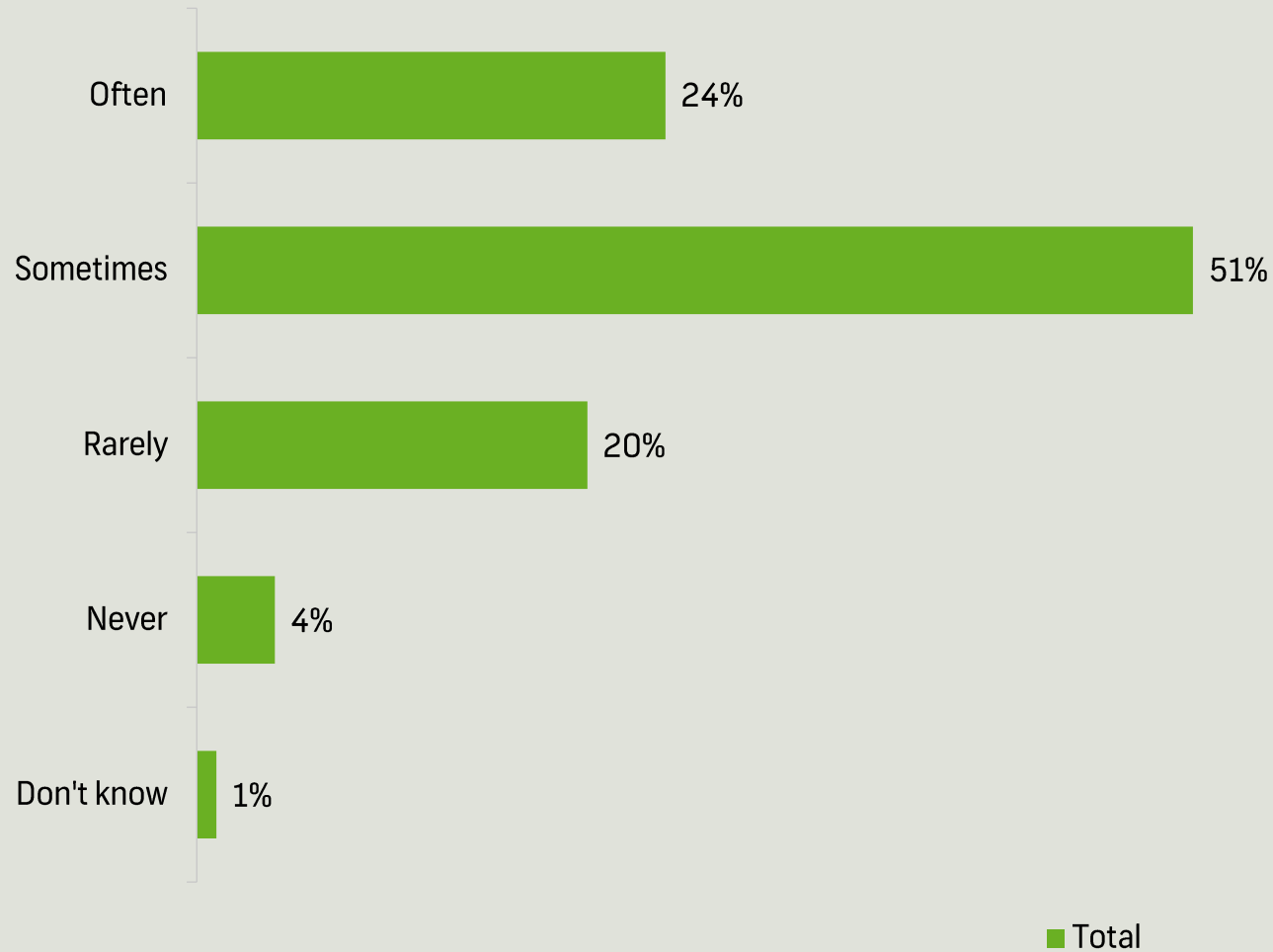
# Q16. How confident do you feel talking to your child about yours or their mental health?



# Q17. How confident is your child in talking about their moods and emotions with you or their friends?

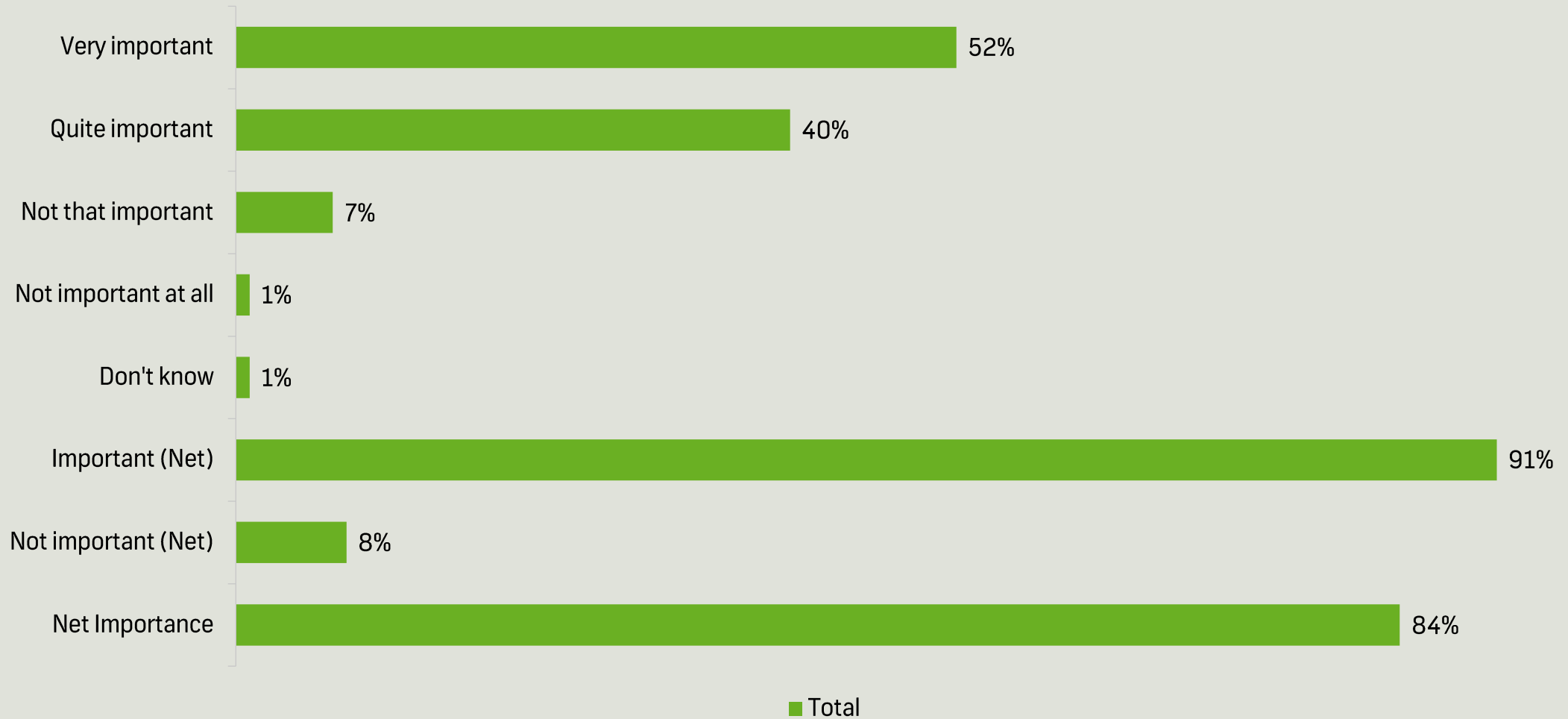


## Q18. How often do you speak/have you spoken to your child about the impact of relationships on mental health?



# Q19. How important is it to you that the impact of relationships on mental health is talked about...?

... in your home



## Q20. How important is it to you that the impact of relationships on mental health is talked about...?

... in your child's school

